



## **MEDIA RELEASE**

Date: March 31, 2022

### **Make a Difference in Your Community!**

#### **- Applications being accepted for the WDMH Foundation Board of Directors**

When Connie Lebrun moved to Russell after raising her family in Orleans, she knew it was time. “I’m a country girl at heart,” says Connie. “I grew up on a dairy farm in Navan and it was time to get back to my roots.”

Connie also knew she wanted to get involved in her new community. When she received a newsletter from Winchester District Memorial Hospital and the WDMH Foundation in the mail, she was intrigued. So she made a call to the Foundation to see how she could help and got involved in planning an event. She also made a visit to Dundas Manor as part of her home-based custom gift business, dropping off ‘random act of kindness’ gift baskets for the staff and residents. When an opportunity to serve on the WDMH Foundation Board of Directors came up, Connie was quick to say yes.

“Health care is important to everyone,” she explains. “When my Mom was in long-term care, I saw first-hand what they were able to do for her. I want to help and give back.”

The WDMH Foundation is currently accepting applications for volunteer positions on its Board of Directors. The Board’s responsibility is to govern the WDMH Foundation, providing oversight and accountability for the Foundation’s mission, vision and values; strategic planning and building relationships with those in our local communities.

“We are grateful to people like Connie who have stepped up to serve on our Board. Now, we are looking for others who also have a passion for health care and an understanding of their local community,” notes Managing Director Kristen Casselman. “It’s a great way to give back to your community and support health care close to home.”

For information about how to apply, please contact Kristen Casselman at 613-774-2422 ext. 6169 or at [kcasselman@wdmh.on.ca](mailto:kcasselman@wdmh.on.ca).

The deadline for applications is April 29, 2022.



Cutline: Connie Lebrun

Contact:

Jane Adams  
Communications Lead  
WDMH Foundation  
613-729-4864  
[jadams@wdmh.on.ca](mailto:jadams@wdmh.on.ca)