



THE WDMH FOUNDATION NEWSLETTER

2022 Issue II

Ready to Go!

Welcome to this edition of **Because of You**. I am so very honoured and pleased to have been recently elected as Chair of the WDMH Foundation Board of Directors and I wanted to say hello.

Over the past 5 years, I have grown to know Winchester District Memorial Hospital and Dundas Manor well. I've found that we have quite possibly the most caring donors and best Foundation staff we could ever have hoped to find anywhere. And we have an amazing Board of Directors that is energized and ready to roll up its sleeves and get the job done. And the jobs are many!

I look forward to continuing my work with this incredible team – to help grow our community of donors and to work together to help ensure that WDMH is the very best hospital and that Dundas Manor is the very best long-term-care home – anywhere!

Thank you to all who volunteer their time, energies, and financial support toward providing quality health care close to home. We are so grateful for your support!

Christine Chevalier

WDMH Foundation Board Chair



A Picture is Worth a Thousand Words

Or how about **\$363,648.85!?!** Because of our generous donors, the WDMH Foundation was able to purchase new X-ray equipment for WDMH.

This remarkable tool allows us to see inside the body, without the need for surgery. Having an X-ray machine is the standard of care for every hospital, including here at WDMH.

The new technology produces clear, concise, top-quality images, helping doctors make a diagnosis and exposing patients to a lower dose of radiation. The advanced design is also more flexible, making it more comfortable for patients and less straining for staff.

"Every year, about 17,000 X-rays are taken at WDMH – with over 10,000 patients having one done in the last three years alone!" notes WDMH Foundation Managing Director Kristen Casselman. "We are incredibly grateful to all of our donors who have helped to bring the latest x-ray technology to WDMH!"

Thank you for caring!

MAKING A DIFFERENCE

Every day, our donors go above and beyond with generous and creative fundraising events – even during these unusual times! Big or small, every one of them has made an impact and we are always grateful. Just a reminder that we are always here to help.

Contact Justine Plummer at 613-774-2422 ext. 6172 or jplummer@wdmh.on.ca to learn more.

A Meaningful Run Charlee's Run

The goal of the very first 'Charlee's Run' in Kemptville was to bring the community together to raise awareness for pregnancy and infant loss, to offer support for those in need, and to provide an outlet for families to remember the little ones that were lost too soon. It did all that – while also raising \$25,019 for the WDMH Family Birthing Unit Fund. Thank you to organizers Mallory and Dave Holmes and everyone who was part of this year's Charlee's Run!



Shroomfest Has Done It Again

In May, Shroomfest supporters came together again for an evening of fun and fundraising. The result? \$91,500 was raised for 32 different community organizations, including \$5,000 for the WDMH Foundation General Equipment Fund. The money will support WDMH's new electronic health record system, called Epic. It will change how patients are cared for – providing a simpler, more seamless journey through the hospital and the health care system. Thank you!



Quack! Quack!

It was a tough race, but nobody's feathers got ruffled. Except maybe for the first-place duck. Duck #1 was taking on water by the end of the 20-minute race and was only visible from the neck up at the finish line! It was all good fun as part of the St. Daniel's Knights of Columbus (Council 11725) Duck Race on the South Nation River in May. 800 bright yellow ducks were released from the County Road 1 bridge in South Mountain. And when it was all over, \$2,600 had been raised for local charities – including \$1,000 for the WDMH Foundation's General Equipment Fund.



Chevaliers de Colomb Give Back

Merci beaucoup to the Chevaliers de Colomb Conseil 6301 St. Jacques d'Embrun! These energetic volunteers have been supporting the local community for more than 50 years and recently donated \$500 to the WDMH Foundation. The money will be directed to the Foundation's Family Care Fund – supporting care for families just like yours. At the presentation ceremony, Secretary Armand Beauchamp noted that WDMH was chosen as the beneficiary because many of the members had spent time there in the last few years and were very pleased with the service.

Gnomes Galore! ▼



Big ones. Small ones. Funny ones. Jennifer Cauvier launched Gnomes for Rick to honour her dad, Rick Cauvier. He owned Rick's Gas Bar in South Mountain and was a great community supporter. "Before my father passed away in 2020, he had wanted to do a fundraiser for WDMH," Jennifer explains. "I came up with Gnomes for Rick to ensure he is not forgotten." Jennifer raised \$2,000 selling her gnomes on Facebook in support of the General Equipment Fund. Thank you to Jennifer for bringing these joyful gnomes into so many homes.



Thank You to Our Community Volunteers

Thank you to these local volunteers who share their time and expertise as members of the WDMH Foundation Board of Directors.

Christine Chevalier, Chair

Bruce Millar, Vice Chair

Tina Asselin, Treasurer

Wayne Burns

Trisha Elliott

Laura Fletcher

Tod King

Connie Lebrun

Stephen McClellan

Jose van Herpt

Bill Smirle, Past Chair, RHI Board of Directors

Cholly Boland, CEO, WDMH

Louise Arseneault & Elinor Jordan, Co-Chairs, WDMH Auxiliary

The Power of Your Will –

A legacy gift is a gift with lasting meaning



The WDMH Foundation is excited to partner with charities, financial advisors, and legal professionals across Canada in the Will Power™ movement!

"Legacy giving is a wonderful way for donors to leave their lasting impact for local health care and their community for generations to come. And we are thrilled to be part of this exciting partnership with Will Power to help educate and spread the word about legacy gifts!" shares Kristen Casselman, Managing Director of the WDMH Foundation.

"Every legacy gift is so meaningful and special. It's always such an honour to be trusted with someone's legacy and to know how important local health care is to them," adds Erin Kapcala, Manager of Major and Planned Giving. "Legacy gifts are not just gifts in Wills. They can also be listing the WDMH Foundation as a beneficiary to a life insurance policy or investment. Canada has incredible tax benefits for charitable giving, and this extends to legacy gifts. We have a lot of great information to share, and we are excited to be part of the movement to help inspire legacy giving!"



To learn more, visit the Will Power™ website at www.willpower.ca. You can learn about gifts in Wills and get tips on estate planning or calculate your potential gift with the legacy calculator.

You can also visit the WDMH Foundation's Planned Giving section on our website at www.wdmhfoundation.ca/aboutplannedgiving or contact Erin at 613-292-7468 or ekapcala@wdmh.on.ca.

This information, obtained from various sources, is believed to be reliable, but its accuracy cannot be guaranteed. This information is not intended as legal, financial or tax planning advice. When considering any planned gift, you should always consult your professional advisors to determine the applicability for your specific circumstances.

You're invited! Please join us for a FREE special event:

Protect Your Family's Interest and Leave a Lasting Legacy



Presented by Jeremy Hampson, CFP, CLU

Senior Wealth Advisor

Oct 18, 2022 1pm-3pm

St. Clare's Anglican Church

2530 Falcone Lane, Winchester

Light snacks and refreshments will be served

***Space is very limited – Please RSVP to Erin Kapcala, Manager of Major and Planned Giving – WDMH Foundation. Call or text 613-292-7468**



Neighbourhood News



The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!



Join in the fun! The Kin Club of Russell's Catch the Ace lottery is still going and the Ace of Spades is still hiding. Get your tickets for each Sunday's draw at www.kinclubofrussell.ca. And don't forget to choose the WDMH Foundation as your charity of choice. Thanks for your support! Thank you to the Kin Club of Russell for including the WDMH Foundation as one of the beneficiaries.



We are one team - caring for you!
Our 2022 Report to the Community

We Are One Team

Our *Joint Report to the Community* is out! Check out updates from Winchester District Memorial Hospital, the WDMH Auxiliary, Dundas Manor, and the WDMH Foundation.

Read it here: www.wdmh.on.ca

It's Burger Time!

The new A&W in Winchester is giving back to local health care. During August and September, use this coupon when you stop by for a Cheddar Bacon Uncle Burger Combo meal and 50 cents will be donated to the WDMH Foundation. Money raised will be directed to the General Equipment Fund. Enjoy!



In Support of the WDMH Foundation

BUY A CHEDDAR BACON UNCLE BURGER COMBO

This Coupon Contributes 50 cents to the General Equipment Fund at the WDMH Foundation



From August 8, 2022 to September 30, 2022 • Can't be combined with another offer • Valid only at A&W Winchester

Keep In Touch



Fundraising for Excellence.
Dundas Manor Long-Term Care Home
Winchester District Memorial Hospital

We'd love to keep in touch! You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we'd love to chat. Thank you!

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Visit our website to sign up for an online version of this newsletter!

Thank you to all our donors for your support!