

Welcome to this edition of ***Because of You***. We are full of love for our donors, so it seemed like a perfect time to tell you about the latest piece of equipment that has arrived at Winchester District Memorial Hospital (WDMH) – thanks to our amazing donors!

♥ Health

Stress Testing Equipment Brings Support Close to Home

The cardiac team at Winchester District Memorial Hospital (WDMH) is proud to care for patients with heart concerns. A new Stress Test Machine ensures that those patients will not have to travel to Ottawa for important tests.

“Stress testing is used for the diagnosis of heart disease or abnormal heart rhythms,” explains Karie Neddo, a Registered Cardiology Technologist at WDMH. “It is a minimally invasive test to diagnose blockages in the heart and can help diagnose issues before an actual adverse heart event happens.”

During a stress test, the patient walks on a treadmill that begins slowly and increases gradually in speed and incline. A patient’s heart rate, blood pressure, and the heart’s rhythm and electrical activity are monitored.

“This piece of equipment is a key part of WDMH’s cardiology program,” notes Kristen Casselman, Managing Director, WDMH Foundation. “The new equipment integrates into Epic, WDMH’s new clinical information system, providing information for clinicians at their fingertips.”

“We are so grateful to the WDMH Foundation donors,” sums up Karie Neddo. “You are all awesome and your generous gift will help us to continually provide compassionate care!”

The new stress test machine cost \$53,459.75.



Registered Cardiology Technologist Karie Neddo with the new stress test machine.



25 Years of Wish Tree Giving

Thank you to everyone who made a donation to the 25th annual Judy Lannin Christmas Wish Tree in honour or memory of a loved one. We are pleased to report that just over \$65,000 was raised and we are so grateful for everyone’s support!

Proceeds go to the Family Care Fund “to support families just like yours” and to help ensure that WDMH can continue to provide compassionate, excellent health care. In the past 25 years, our generous donors have donated more than \$1,215,000 through the Wish Tree program. Thank you!

Thank you for caring!

MAKING A DIFFERENCE

Big or small, every community event makes an impact and we are so grateful.

Contact Justine Plummer at 613-774-2422 ext. 6172 or jplummer@wdmh.on.ca to learn more.



A Reason to Smile



The final number is in – and we're happy to report that \$11,476.69 was raised from the 2022 Tim

Hortons Smile Cookie Campaign.

Thank you to our donors – and cookie lovers – for your continued support of the WDMH Foundation.



Holy Cross Students Have Heart

The students at Holy Cross Catholic School in Kemptville have heart – lots of it. And they wanted to give back to WDMH and the Cancer Care Fund. So, they started dancing and held a Pink Heart fundraiser. The school Facebook page summed up their success: "It was a day full of smiles, hope and celebration for the recovery of so many individuals who have passed through the doors of the WDMH clinic, including one of our own. We were able to raise just shy of \$1,900!" Thank you to all the students.



Craft Show Donations Top \$10,000

Every year, the Morrisburg & District Arts & Crafts Association kicks off the festive season with their annual craft show. The show has been around for more than 40 years, with a portion of the proceeds donated to the WDMH Foundation since 1998. This year, \$300 was raised, bringing the grand total to just over \$10,000! We are so grateful to these amazing artisans for always remembering the patients at WDMH.



Soccer Club Scores for WDMH

A day of fun, fresh air and teamwork has resulted in a \$847.65 donation for our General Equipment Fund. Thank you to the North Dundas United Soccer Club! President Julian Whittam explains why they chose WDMH as the beneficiary: "We wanted to find a way to give back to the community. We have used the hospital over the years for reasons related to soccer, so we thought what better way to give back." Thank you so much to all the teams!

A Visionary Gift

The Morrisburg & District Lions Club has done it again! Recently, they presented a cheque for \$1,000 to the WDMH Foundation's Ophthalmology Fund. Since 1999, the Morrisburg & District Lions Club has donated \$138,695.24 to the WDMH Foundation, including a \$100,000 donation toward ophthalmology equipment in 2002. Wow!

Did you know...

WILL POWER™

Support a charity in your Will



75 Years of Legacy Giving – And Here's to 75 More

Winchester District Memorial Hospital is celebrating its 75th birthday this year and we are looking back – and looking ahead – to celebrate its legacy and the legacy of our donors.

"Legacy gifts from the last 75 years have shaped our hospital into what it is today. A heartfelt thank you to everyone who has given in the past, and to those with plans to give in the future. It's so heart-warming to know that compassionate people have included the WDMH Foundation in their Will to help ensure that excellent, local health care continues for generations. It's remarkable and we are so grateful," shares Kristen Casselman, Managing Director of the WDMH Foundation.

The WDMH Foundation is honoured to be included in donors' legacies and to help donors achieve their vision of caring with legacy gifts. Because of this, the WDMH Foundation has joined Will Power™ in inviting all Canadians to think about the impact they can achieve by leaving a gift to a charity in their Will.

"People are surprised to learn that leaving a gift in your Will can be a very simple process," shares Erin Kapcala, Manager of Major and Planned Giving at the WDMH Foundation. "One line in your Will can make such an impact for you, your family and friends, and for your community. You can make an enormous difference for generations to come. Every gift of every amount leaves a huge impact."

Past legacy gifts to the WDMH Foundation helped to shape the hospital that our community depends on and appreciates today. To learn more about the impact of these gifts and how your legacy can also help future generations, please reach out to Erin Kapcala at 613-292-7468 or ekapcala@wdmh.on.ca. You can also visit our WillPower™ website at www.willpower.ca/charities/wdmh-foundation. We'd love to connect.



If you have already included the WDMH Foundation as part of your legacy, thank you! We hope you let us know so we can thank you and chat about the impact your legacy gift will have. We have several thank you and recognition opportunities too – should you wish. Please contact Erin for a confidential chat about your legacy gift.

This information, obtained from various sources, is believed to be reliable, but its accuracy cannot be guaranteed. This information is not intended as legal, financial or tax planning advice. When considering any planned gift, you should always consult your professional advisors to determine the applicability for your specific circumstances.

A Great Idea!

Did you know that you can make a greater impact on patient care by helping our Foundation staff do their job? We can provide you with a consolidated receipt (as opposed to a receipt for each gift you give) at the end of each year. This means less paperwork for you and you don't have to keep track of your receipts all year long. Plus, the Foundation saves money on postage and stationery costs.

Please call 613-774-2422 ext. 6162 to request a consolidated receipt. Thank you for everything you do to support health care close to home!



Our Donors Write

My fiancé and I choose to donate each Christmas as a small way to say thank you for the life saving care his father received. We believe he wouldn't be here with us today, in excellent health, if it weren't for the immediate action taken by the team he saw that day. We are forever grateful!

Brenna T

...that the Ontario government does not fund medical equipment purchases for hospitals?



Neighbourhood News

The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!



Join in the fun! The Kin Club of Russell's Catch the Ace lottery is still going and the Ace of Spades is still hiding. Get your tickets for each Sunday's draw at www.kinclubofrussell.ca. And don't forget to choose the WDMH Foundation as your charity of choice. Thanks for your support! And thank you to the Kin Club for including the WDMH Foundation as one of the beneficiaries.

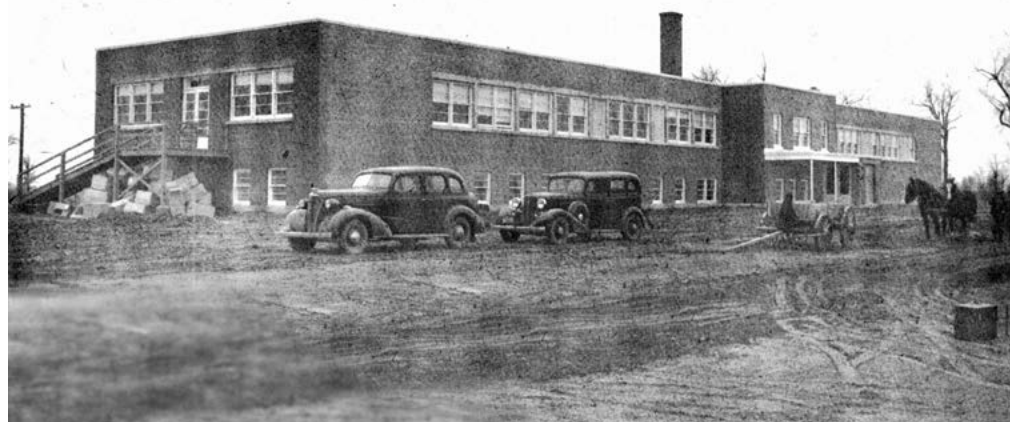


Happy Birthday!

More than 75 years ago, an entire community came together to plan for the new Winchester District Memorial Hospital (WDMH). It all began with a letter to the editor of the Winchester Press by Dr. J.J. McKendry in 1944. The Council of the Village of Winchester formed a committee and planning began - everything from choosing the right location to gaining financial support. Four years later, WDMH opened its doors.

In 2023, we are excited to be celebrating the 75th anniversary of WDMH and the WDMH Auxiliary. We are also recognizing 45 years of caring next door at Dundas Manor Long-Term Care Home.

Thank you to our community for everything you have done to support our hospital and Dundas Manor over so many years. We are planning some fun events and walks down memory lane to celebrate together!



WDMH FOUNDATION TRIVIA NIGHT

April 1st 2023 | 7:00 PM to 11:30 PM

Russell Trivia Services

Russell Arena - 1084 Concession St. Russell
\$10/person - tables of 6

No Team? No problem!

Sign up and we will put you on a team!

Contact Justine at

jplummer@wdmh.on.ca

or 343-543-0069

to reserve your table
or donate to the auction.

Auctions - Prizes - Food

Raise funds for the WDMH Foundation

Proceeds to the
WDMH General Equipment Fund

Keep In Touch



Fundraising for Excellence.

Dundas Manor Long-Term Care Home

Winchester District Memorial Hospital

We'd love to keep in touch! You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we'd love to chat. Thank you!

WDMH Foundation

566 Louise Street

Winchester, ON K0C 2K0

613-774-2422 ext. 6169

foundation@wdmh.on.ca

www.wdmhfoundation.ca

Visit our website to sign up for an online version of this newsletter!

Thank you to all our donors for your support!