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Dundas Manor

January 2026



From the Administrator's Desk...

A message to each of you
for a very happy 2026!



I thought a good way to start off the new year is with sharing many pictures of the smiling faces here! It is not every resident, but many were captured during Christmas glamour shots.

Please **see the insert** in this newsletter for our new Director of Care, Eric Joncas starting on January 5, 2026! No worries...Ursula Lamoureux is still here but will be focusing on the new Dundas Manor as we head into the last months of the project. Ursula will support and mentor Eric in his new role, and we look forward to all of you meeting him. And we also welcome Andrea Munoz-Alvarez ~ see Stacey's intro!

I hope you each had a restful holiday season. As I look back on 2025, I know how thankful I am to lead this great home; and as we look towards an exciting 2026...we are very blessed. Pending no delays, we will move into the new home in Fall 2026! Looking forward to sharing the excitement with all of you as we continue to work together in this upcoming year for our residents.

***Sincerely,
Susan Poirier***

FAMILY ENGAGEMENT AND EDUCATION ZOOM MEETING

We host **2** virtual sessions: Monday, January 26th, 2026
at 2:00pm and 5:30pm Zoom link sent by email

Update from the Dietary Department

Happy New Years!

On January 1st, 2026, the residents will enjoy a special New Year's lunch which will be Canadian meat pie and Cheesecake for dessert.

Some exciting changes happening in the new year for the Support Services Department! I, (Stacey Williams) will be going off on a maternity leave at the end of February 2026. I expect to be away for approximately one year.

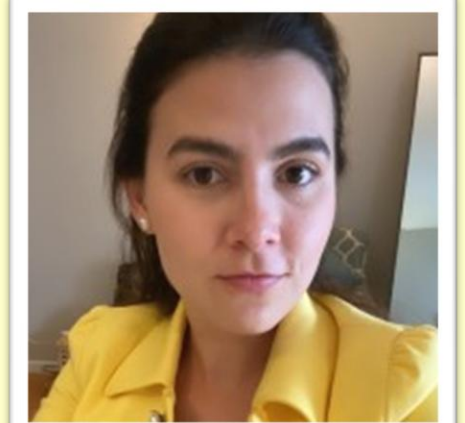
During my absence, Andrea Munoz Alvarez will be stepping into the role as my interim replacement. Andrea comes with a strong background as a Registered Dietitian in Mexico and is currently working in the Dietary Department at The Ottawa Hospital. She brings valuable experience, a fresh perspective, and a genuine enthusiasm for learning and contributing to our home.

To ensure a smooth transition, Andrea will begin shadowing me starting in December and will continue to do so up until my leave begins. She is eager to get to know our residents, families, and staff, and I am confident she will be a wonderful fit for the role.

Thank you all for your continued support. Please join me in welcoming Andrea as she prepares to take on this new opportunity.

On behalf of the whole Support Services Team here at Dundas Manor, we will everyone a safe and Happy New Year!

***Stacey Williams,
Nutritional Manager***



Andrea Munoz Alvarez

Here we go! 2026! HAPPY NEW YEAR ❤️

An exciting year it will be for us!

Lots of learning for our team but I feel we are all up for the exciting challenge of making our way over to the New Dundas Manor!

Our home had so many generous gifts and treats dropped off over the holidays.

Such warm demonstrations of gratitude. It's what carries us through the good and difficult times. From the bottom of our hearts we say Thank you. Our team remains privileged to work here at Dundas Manor and care for your loved one.

Our team was also treated to a lovely Christmas meal complete with all the fixings, prizes and festive spirit! We also hosted a fun staff event at the Old Town Hall where we gathered to watch a movie.

Each of us also received a card and gift certificate in the mail from our Board of Directors.

❤️ A cozy country home with old fashioned values that warms the heart ❤️

In January we slow down a bit and look ahead and start the wheels turning for planning our year. Residents can expect some visits from our team to ask for suggestions. We want to know what works well, what you want more of, less of, and any fresh new ideas!

We have a special party coming at the end of the month, a family donated some money for us to throw a real glitzy gathering in memory of our beloved resident Diana who passed away last month. We think she will be proud with what we have planned. From cozy 1-1 visits to big special events, holding hands or dancing, praying or just sitting quietly together, we look forward to the calmer, quieter, winter months together.

May 2026 be filled with comfort and peace,

Jennifer Hill



Denis C
Afife M
Ron M



Joan C
Marilyn L
Anne M
Lloyd S

January BIRTHdays



Leslie A 81yrs young
Joan D 92yrs young
John S 80yrs young



January
GARNET



Peace, good health,
friendship and prosperity.

The name 'garnet' is from the
latin 'granatum', meaning
pomegranate.

The most valuable variant of
garnet, Demantoid, is green!

In medieval times garnets
were thought to protect the
wearer from poison.

If you're a nervous traveller
wear garnet to keep you calm
and ensure you arrive safely
at your destination.

january
BIRTH FLOWER

admiration
deep love
affection
purity
luck
gratitude



CARNATION

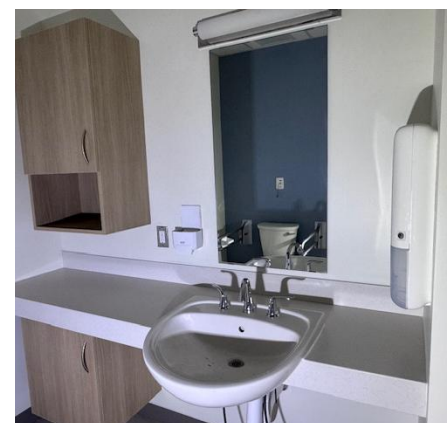
REDEVELOPMENT UPDATE

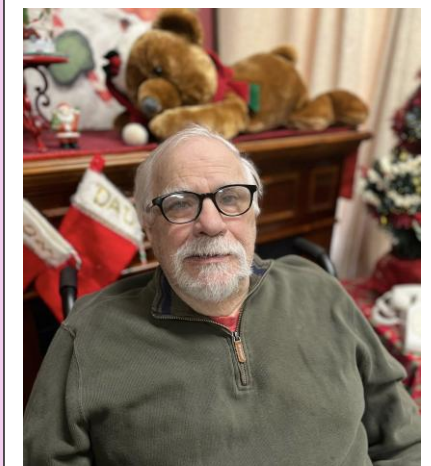
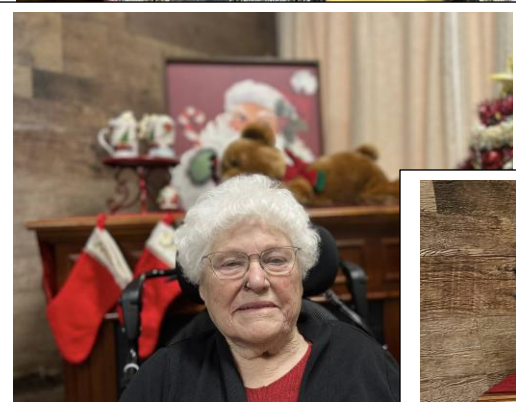


The hardworking team building the new Dundas Manor will be taking a few days off to spend time with their families over the holidays.

We look forward to the ongoing steady progression of our new Dundas Manor and we will keep you updated along the way.

Drive by and take a look from the street!





January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Calendar Change 1:30pm A Time to Sew 3:45pm Hometasks	1 10:15am Arm Chair Travel to India 2:00pm Bingo 3:45pm Jewellery & Eyeglasses cleaning	2 10:15am Winter Sensory Cart 1:30pm Manicures
4 10:30am Church with Joel Vedder 2:00pm Facebook Visits 3:45pm 1 to 1 Visits	5 10:15am Pet Visits with Louise and Coco 2:00pm Bingo 3:45pm Friends Gather	6 Christmas & Home Clean-Up 	7 10:15am RESIDENTS' COUNCIL MEETING 2:00pm Strength and Stretch & Cozy Home	8 10:15am Church with Rev. Melody Trolly 2:00pm Mocktails and Dolly Parton Tribute 3:45pm Hometasks 6:30pm Java Music	9 10:15am Word Games 2:00pm Tim Horton's Cart Sponsored by Betty Knowles and Family 3:45pm Jewellery & Eyeglasses cleaning PJ DAY	10 10:15am Bingo 2:00pm Let's Write a Poem 3:45pm Montessori 
11 10:30am Songs and Praise 2:00pm Baking for Tea 3:45pm 1 to 1 Visits 	12 10:15am Centerpiece Arranging 2:00pm Snowflake Ball with Virginia Performing 3:45pm Friends Gather	13 10:15am Library Visits with Joan and Jen 10:15am Pet Visits with Beth & Cody 2:00pm Tuesday Tea 3:45pm 1 to 1 Visits	14 10:15am Strength and Stretch & Cozy Home 2:00pm New Year Planning Surveys	15 10:15am Communion with Rev. Jonathan Askwith 2:00pm Music with Cholly 3:45pm Hometasks 6:30pm Bingo	16 10:15am Chair Yoga 2:00pm Let's Build a Snowman 3:45pm Jewellery & Eyeglasses cleaning	17 10:15am Reading Club 2:00pm Bingo 3:45pm Montessori
18 10:30am Church with Joel Vedder 2:00pm Mary Ellen Performs 3:45pm 1 to 1 Visits	19 10:15am Pet Visits with Louise & Coco 2:00pm Winter Wellness Spa Afternoon 3:45pm Friends Gather	20 Program Planning 2:00pm January Birthday Tea 3:45pm 1 to 1 Visits 	21 10:15am Strength and Stretch & Cozy Home Activity Area Clean- Up Bell Let's Talk Day	22 10:15am Church with Rev. Blair Paterson 2:00pm Music with Cholly 3:45pm Hometasks 6:30pm Jumpin' Jimmy Performs	23 10:15am Chit Chat with Sam and Taylor 2:00pm Sparkle Craft 3:45pm Jewellery & Eyeglasses cleaning	24 10:15am Bingo 2:00pm Afternoon at the Pub 3:45pm Montessori 
25 10:30am Bible Study 2:00pm Robbie Burns Poetry Reading 3:45pm 1 to 1 Visits	26 10:15am Golden Globe Trivia 2:00pm Men's Club: Wayne Gretzky 3:45pm Friends Gather	27 10:00am Creative Cooking 11:30am Winter Picnic Lunch Club 2:00pm Chair Yoga 3:45pm 1 to 1 Visits 	28 10:15am Strength and Stretch & Cozy Home 2:00pm Shimmer and Shine Party with Elvis Performing : in Memory of Diana	29 10:15am Church with Rev. Christine Lowson 2:00pm Music with Cholly 3:45pm Hometasks 6:30pm Hot Chocolate and Stories	30 10:15am Let's Make Birdfeeders 2:00pm Bird Watching 3:45pm Jewellery & Eyeglasses cleaning	31 10:15am Bingo 2:00pm Tuck Cart 3:45pm Montessori