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As we prepare for the move to our new home, we are mindful that resident rooms will have less wall space due to larger windows, televisions, and built-in storage furniture.

You may wish to consider purchasing a **digital picture frame** for your loved one. Digital frames allow multiple photos to be uploaded and displayed on a continuous loop, helping residents enjoy many cherished memories without requiring numerous framed photographs. This can be a wonderful way to personalize their new space while making the most of the available room.

♥ A digital picture frame also makes it easy for family members to update photos and share new memories throughout the year.

October

Autumn leaves of red and gold
that crunch beneath your feet,
Pumpkins on front porches,
candy corn, and trick-or-treat,
Tart and tangy cider,
apples ripened on the trees,
A hint of winter coming
on the chilly
autumn breeze.



Dundas Manor

October 2026



From the Administrator's Desk...

Happy October to all! I have included the results of our **2026 Resident and Family Satisfaction Survey** for your review. Thanks to everyone who took the time to complete the survey and provide us with feedback. I am very pleased to announce that you provided us with an overall **92%** satisfaction rate for our programs and services... thank you for your trust in our home! 😊 I will be sure to share your comments with our staff who make it all happen! Areas for improvement will go into plans for the upcoming year, and it is going to be an **exciting one!** In the insert of this newsletter are answers to questions from the survey about the new home.

I have included pictures of the new Dundas Manor, and it is really taking shape- the landscaping crew did an amazing job...it really feels home-like. I wish each of you a wonderful Thanksgiving with family and friends. Andrea and the dietary team are preparing a lovely meal for our residents to enjoy. **We have much to be thankful for.**

Sincerely,
Susan Poirier



Updates from the Dietary Department~

🍁 On **September 2nd**, we held our Residents' Council meeting, where we had a great conversation about our current Spring/Summer menu and the meals and food items we have been serving over the past few months.

I am pleased to share that, overall, the feedback has been very positive! Residents expressed that they are satisfied with the meals and the service provided by the Dietary Department. We truly appreciate everyone who took the time to share their thoughts and suggestions with us.

We also discussed our upcoming **Fall/Winter menus**, which will be coming soon. As we begin planning, **new ideas, favorite meals, and cravings are always welcome!** Your feedback helps us create menus that are enjoyable and reflect what our residents like.

And of course, October brings **Thanksgiving!** 🦃 🍁

We will be celebrating with a special Thanksgiving dinner featuring **turkey, stuffing, mashed potatoes, and a delicious pumpkin pie** for dessert.

We look forward to sharing this special meal with everyone and wish all our residents and families a very **Happy Thanksgiving!**

Andrea Munoz,
Nutritional Manager



A Message from the Activity Department

October has arrived, bringing with it cooler days, beautiful autumn colours, and many opportunities to gather in gratitude and celebration.

As Thanksgiving approaches, we are reminded of how much we must be thankful for here at Dundas Manor. We are especially grateful for the generosity of **Connie's Custom Baskets**, who have once again donated our Thanksgiving turkeys. Connie's kindness helps make this special meal possible for our residents year after year, and we sincerely thank her and her special donors for their continued support of our home.

Throughout the month, we will be celebrating the harvest season and reflecting on all the blessings that surround us. In addition to our Thanksgiving festivities, residents can look forward to a variety of seasonal programs including a Harvest Celebration, Pub Night, creative Halloween activities, and opportunities to enjoy the sights and spirit of autumn.

We will also be hosting **Municipal election voting** for any residents who wish to cast their ballot. Supporting residents in exercising their right to vote is an important part of community life, and we are pleased to make this opportunity available. If you have questions.... reach out to the Activity Team.

There will also be a discussion group focused on our **Fall and Winter menus**, giving residents the opportunity to share their thoughts, preferences, and ideas as we plan for the colder months ahead. Andrea welcomes your ideas! Be sure to attend!

We are excited to welcome many familiar faces back to Dundas Manor this month. **Marty M., Cholly, Virginia, Bonnie, and Roxy** are all lined up to bring us music and smiles. And, of course, our beloved four-legged visitors will be making their rounds as well. **Beth and Cody**, along with **Louise and Coco**, will be back to provide all the dog cuddles, tail wags, and unconditional love that our residents enjoy so much. ❤️

We're also hopeful that we can convince **Farmer John** to climb down from the combine long enough to visit! If all goes according to plan, he and **Carol** will be joining us on **October 27th**, and we're looking forward to welcoming them back for songs, hymns, stories and laughs.

As the leaves change and the harvest season reminds us of the importance of community, we want to thank our residents, families, volunteers, staff, and supporters who help make Dundas Manor such a special place to call home. We look forward to sharing another wonderful month together.

Happy Thanksgiving to you and your loved ones!

Jennifer Hill, Activity Programs and Services Director



William C
Arlina D
Carolyn S

Lionel D
Joan P

OCTOBER BIRTHDAYS

HAPPY BIRTHDAY!

CAROLYN B	83 years young
TOM D	74 years young
PAULA M	72 years young
HAROLD S	91 years young
BARBARA W	76 years young

October Birthstone

Opal • Pink Tourmaline

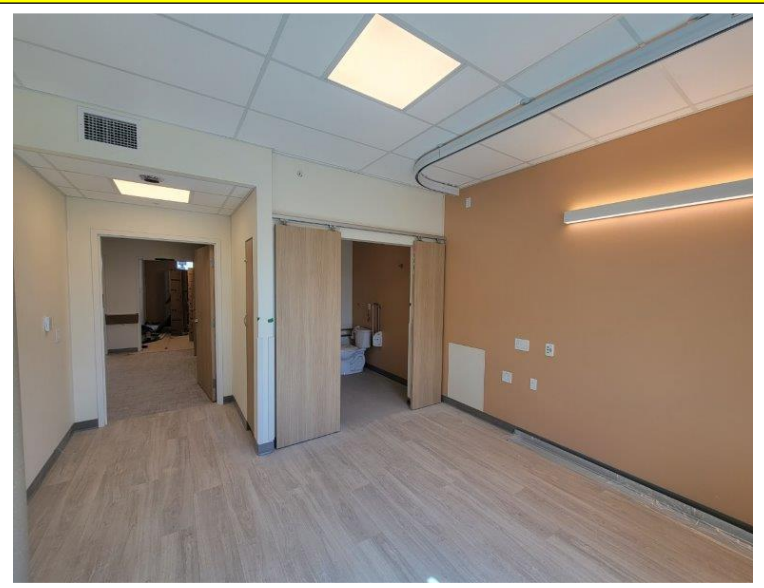
Because opal has the colors of other gems, the Romans thought it was the most precious and powerful of all. The Bedouins believed that opals contained lightning and fell from the sky during thunderstorms. The ancient Greeks believed opals gave their owners the gift of prophecy and guarded them from disease, while Europeans have long considered the gem a symbol of hope, purity, and truth.

Very few gems match tourmaline's dazzling range of colors. From rich reds to pastel pinks and peach colors, intense emerald greens to vivid yellows and deep blues, the breadth of this gem's color range is unrivalled. The confusion about the stone's identity is even reflected in its name, which comes from "Toramali", which means "mixed gems" in Sinhalese (a language of Sri Lanka).

October

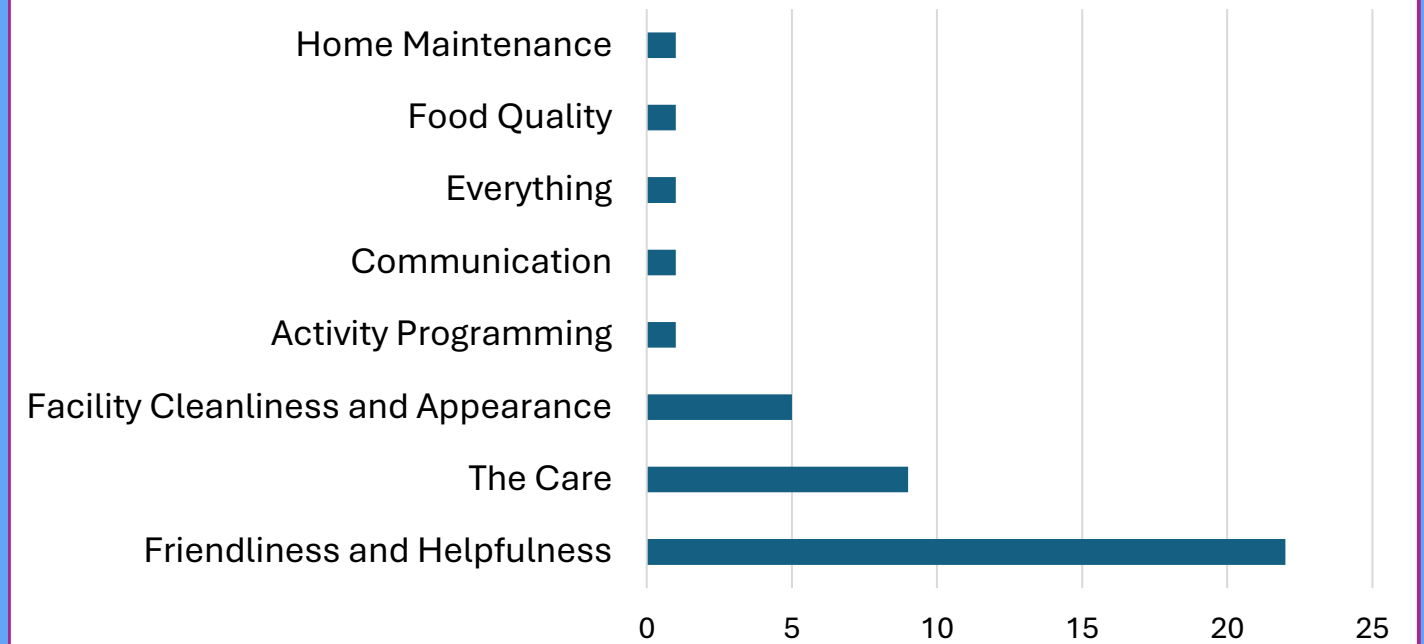
Marigold (Tagetes)
Creativity - Warmth - Strength

REDEVELOPMENT UPDATE



RESIDENT & FAMILY SATISFACTION SURVEY RESULTS

What most impresses me about Dundas Manor is...



What I suggest for improvement at Dundas Manor is.....



ANNUAL RESIDENT & FAMILY SATISFACTION SURVEY RESULTS 2026

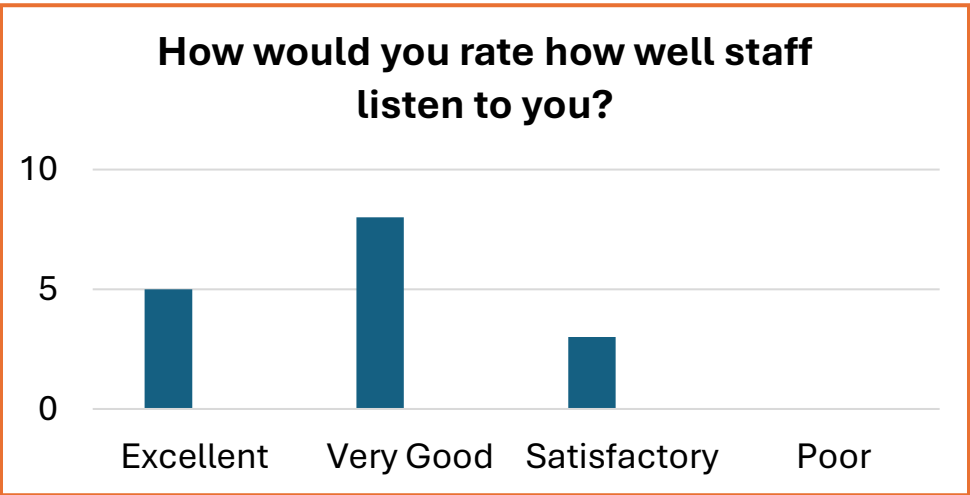
I am pleased to provide you with the high-level results of our Annual Satisfaction Survey.

A total of 45 families and residents responded with an overall satisfaction of 92%

Thank you for your feedback ~ both positive comments & areas to work on.

Thank you to each of you who took the time to provide us with valuable input on home operations.

Department	2026	2025	2024	2023	2022
Communication	90	95	94	98	99
Nursing	98	93	95	99	98
Programs	96	95	98	95	99
Dietary	94	96	96	94	93
Medical/Nurse Practitioner	80	89	90	89	94
Housekeeping	94	95	98	98	97
Laundry	89	94	98	95	99
Maintenance	96	99	99	99	100
Office	93	97	98	99	100
Average	92%	95%	96%	96%	97%



100% of residents feel they can express their opinion without fear of consequences

94% of Residents and Families surveyed would recommend Dundas Manor

FUNDRAISING
RAFFLE



All Proceeds will go to the Dundas
Manor Activity Fund

- 1ST PRIZE MANOR QUILT
- 2ND PRIZE VINTAGE JEWELLERY SET
- 3RD PRIZE COUNTRY BASKET OF GOODIES

TICKETS 1\$ EACH
PLEASE SEE ACTIVITY TEAM

TICKETS are on sale now!

One of our beautiful Manor Quilts is being raffled off!
Our volunteers come in faithfully each Wednesday morning and quilt away.

The quilt is on display in the Showcase. This will be the 1st prize.

2nd Prize is a gorgeous Vintage jewellery set

3rd Prize a Country Basket of goodies

All money raised will go to our Manor Activity Fund.

See the Activity Team for tickets!

If you would like some to sell...just come and we will give you a few books!

Draw Nov 3rd at 10:00 am

October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15am Church with Rev. Daniel 2:00pm Music with Cholly 3:45pm Chair Yoga 6:30pm Gratitude Sharing Calendar Change	2 10:30am RC Communion 2:00pm Trivia: Which Came First? 3:45pm Jewellery & Eyeglasses cleaning	3 10:15am Bingo 2:00pm Spa on the go 3:45pm Montessori
4 10:15am Church 2:00pm Name that Thanksgiving Dish 3:45pm 1 to 1 Visits	5 10:15am Balls and Balloons 2:00pm Puzzle Party 3:45pm Friends Gather	6 10:15am Bingo 2:00pm Marty McIntyre Performs 3:45pm Special Care Cart	7 8:30am Program Planning 10:00am Residents' Council Meeting 2:00pm Celebrating the Harvest	8 10:15am Communion with Rev. Melody 2:00pm Music with Cholly 3:45pm Chair Yoga 6:30pm Java Music	9 10:15am Special Coffee Cart 2:00pm Armchair Athletes 3:45pm Jewellery & Eyeglasses cleaning	10 10:15am Bingo 2:00pm Creative Colouring 3:45pm Montessori
11 10:15am Bible Study 2:00pm Crafts 3:45pm 1 to 1 Visits 	12 10:15am Pet Visits with Louise and Coco 2:00pm Bingo 3:45pm Friends Gather Thanksgiving Day	13 Hearing Aid Clinic 10:15am Library Visits with Joan and Jen 10:15am Pet Visits with Beth and Cody 2:00pm Tuesday Tea 3:45pm Special Care Cart	14 10:15am Strength and Stretch & Cozy Home 2:00pm October Birthday Party with Virginia Performing	15 10:15am Church with Rev. Blair 2:00pm Bonnie Wallace Performs 3:45pm Chair Yoga 6:30pm Pub Night	16 10:15am Halloween Trivia 2:00pm Ice Cream Cart 3:45pm Jewellery & Eyeglasses cleaning 	17 10:15am Bingo 2:00pm Scarecrow Craft 3:45pm Montessori
18 10:15am Church 2:00pm Just for Laughs 3:45pm 1 to 1 Visits	19 10:15am Around the Table Chit Chat: Food and Menu Discussion 2:00pm Let's Make Buttertarts 3:45pm Friends Gather	20 10:00am Municipal Elections 2:00pm Tuesday Tea 3:45pm Special Care Cart	21 8:00am Breakfast Club 10:15am Strength and Stretch & Cozy Home 11:00am Program Planning 2:00pm Roxy Swan Performs	22 10:15am Church with Rev. Ed 2:00pm Music with Cholly 3:45pm Chair Yoga 6:30pm Bingo	23 10:15am Arm Chair Travel to Albania 2:00pm Pictionary 3:45pm Jewellery & Eyeglasses cleaning	24 10:15am Bingo 2:00pm Spider Web Toss 3:45pm Montessori 
25 10:15am Songs and Praise 2:00pm Collage Craft 3:45pm 1 to 1 Visits	26 10:15am Pet Visits with Louise and Coco 2:00pm Bingo 3:45pm Friends Gather	27 10:15am Baking for Tea 2:00pm Tuesday Tea with Farmer John and Carol 3:45pm Special Care Cart	28 10:15am Strength and Stretch & Cozy Home 2:00pm Pumpkin Carving 	29 10:15am Church with the Activity Team 2:00pm Myths, Legends and Superstitions 3:45pm Chair Yoga 6:30pm Men's Club	30 10:15am Heartbeats 2:00pm Games Cart 3:45pm Jewellery & Eyeglasses cleaning Black and Orange Day	31 10:15am Bingo 2:00pm Halloween Party 3:45pm Montessori